



April 2007

The Homepage

An Information, Issues, and Events Newsletter
for Clients and Friends of the Foundation

Step Up to the Plate!

Walk with us at the 2007 OC AIDS Walk

Come on and *Step Up to the Plate* with ASF's annual fundraiser, the OC AIDS Walk.

We are happy to announce that OC AIDS Walk will take place at Angel Stadium of Anaheim on Saturday, May 12th. Registration begins at 7 a.m. and the Walk will start at 9 a.m.

The 5K Walk (approximately 3 miles) will wind its way through Anaheim and end up inside Angel Stadium. Following the walk, there will be a Food Festival with all sorts of goodies available for purchase!

There are many ways to be involved. You can start or join a walk team, volunteer at the event, or just show up that day to enjoy the festivities. The website, www.ocaidswalk.org allows you to register, find information, and help fundraise. See you there!



DISASTER PREPAREDNESS FOR PEOPLE WITH DISABILITIES

Learn how to prepare for a potential emergency at a **FREE** one day seminar sponsored by the Orange County Collaborative to End Abuse of Individuals with Disabilities. Registration. **Free complimentary breakfast and lunch** will be served. Call Vivianna Foust at (949) 809-5730 or write to vfoust@ocasf.org.

When: Friday, April 27
OR
Saturday, April 28

Time: 8:30am – 3:30pm

Where: Friday in Anaheim;
Saturday in Costa Mesa

Thank you for supporting the OC AIDS Walk!

POSITIVE U
EVERY WEDNESDAY OF THE MONTH
 10:30am - 12:00pm

April 4th
HIV and Aging

Join a representative from ROCHE Pharmaceuticals for a discussion on Aging and HIV.

April 11th
Diabetes and HIV

Join Sariah Kakishita from the Health Education department for a talk on Diabetes.

April 18th
Cooking with a low budget

Bored with foods on a low budget? Find out how to make healthy and delicious meals within your means.

April 25th
Bristol Myers Squibb

Join Brian from Bristol Myers Squibb for another interesting presentation on HIV.

VIVIENDO POSITIVAMENTE
1st AND 3rd TUESDAY OF THE MONTH
 10:30 - 12:00

April 3rd
Adherence and HIV

Michael from GILEAD Sciences will be presenting about adherence and HIV.

April 17th
Choosing a pharmacy

Join Ricardo from Pioneer Pharmacy on what to know when choosing a pharmacy for you HIV meds.

Goodbye Dave! We will miss you!



Dave Merino is the humorous, snow-haired gentleman that coordinates the pantry. Perhaps you've tasted his cooking at Noches de Feria, or he's handed you a bag of life-giving food, or maybe you've been a part of ASF services that Dave has helped fundraise for. Regardless of how you are involved with ASF, you are undoubtedly connected to Dave in some way.

In 1999, Dave decided to come out of his retirement from a previous thirty years of marketing at Mobil Oil when the Food Pantry Coordinator position opened up. As Coordinator, Dave's job has been to oversee all aspects the Pantry operations. Among his duties, he coordinates and supervises the in-house and delivery volunteers, maintains a well-stocked pantry, and assures that over 5000 food orders are distributed a year. All the while, he remembers the pantry clients by name, offering their children candy while they are waiting for their orders to be packed, handing out extra pastries and bread when available, and entertaining his devoted volunteers with his sharp sense of humor.

At the end of March, Dave will be retiring. Fortunately for his friends and family, he will not be going too far. He has been building a house in 12 miles south of the Mexican border. Once he moves, he will be Board president for The New Partner Foundation, a non-profit organization based out of Sacramento that helps single mothers as well as people with HIV/AIDS in Tijuana

Thank you, Dave, for all of your dedication to ASF. We wish you much success and happiness in all your future endeavors!

Latina Mother's Day Celebration!

If you are a Latina mother and an ASF client, you are invited to attend a celebration at Rock Harbor Church. This event will be held in Costa Mesa, April 28 at 11am. For more information please contact

Juanita Trivino 949-809-5799 o jtrivino@ocASF.org.

What's Up?!? at OCASF

Support Groups

Choices

Wednesdays 12:30pm—2:00pm

A support group for individuals diagnosed with HIV/AIDS who are experiencing problems with drugs or alcohol. Held at ASF. For more information, call Judy Fluor Runels at (949) 809-5795.

Kids Club

Thursdays 4:00-5:30pm. Tutoring 5:30-7:00pm

A closed 8-week support group for kids 6-14 with a parent or family member with HIV/AIDS. Meets at ASF. Call Laurie Barber at (949) 809-5710 for more information.

Spanish Language Women's Support Groups

► *1st Wednesday & 3rd Tuesday of the month*

Open to HIV+ women & other women affected by HIV/AIDS. Call Juanita Trivino at (949) 809-5799 for more information.

► **First Wednesday** of the month from 6:00 to 7:30pm, at HCA (17th St. Clinic) Room 149B, 1725 W. 17th St., Santa Ana.

► **Third Tuesday** of the month from 10:30 to 12:30 pm, at the Seventh-Day Adventist Church, 12702 Ninth St., Garden Grove.

Spanish HIV+ Support Group

Mondays 5:30-7:30pm

Open to all Spanish-speaking HIV+ people. At the 17th St. Clinic, Methadone Education Rm. (**Room 149-B**), 1725 W. 17th St., Santa Ana. Call Juanita Trivino at (949) 809-5799.

Mindful Living

Fridays 12:30pm—2:00pm

A new support group for people living with HIV. Please contact Scott Beardsley at (949) 809-5794 for more information.

****NEW!!** English HIV+ Women's Support Group**

A new support group for women living with HIV. Please Contact Judy Fluor-Runels for more information at 949-809-5795

Workshops : Life Skills

Group C

Last Wednesday of every month, 6:00—8:00pm

Group C is a support group that provides information and support to those infected and affected by Hepatitis C. At the Orange County Health Care Agency, 1725 W. 17th St, Room 149-B, Santa Ana. Call Anita at (949) 809-8770 for more information.

Positive "U"

Every Wednesday, 10:30—12:00pm

A different topic each session presented in English followed by a free lunch here at the ASF office! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

Viviendo Positivamente

1st & 3rd Tuesday, 10:30—12:00pm

A different topic each session presented in Spanish followed by a free lunch at ASF! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

Wellness Education

Workout Group

For more info or to sign up for an initial evaluation, call (949) 809-5771.

Hair Salon

Please call Frank Romero at 949-809-5771 for more information and to set up an appointment.

Social Activities

African-American Living Room

4th Friday of the month, 12:30—2:30pm

A social group open to all African-American clients. For more information, or for the group location, please contact Wendy at (949) 809-5732. The AALR group is still in need of ACTORS. Contact your case manager for more details.

Positive Life Force

Positive Life Force is an English-speaking social group for positive gay men of all ages. Men come together to meet new people and make new friends. We are currently looking to recruit a few good men for the PLF Core Group. For more information, please call or call Joe at (949) 809-8774 or email at positivelifeforce@ocaf.org.

How to Reach Us

Office Address:

**17982 Sky Park Circle, Suite J
Irvine, CA 92614**

Main Number:

(949) 809-5700

FAX Number:

(949) 809-5779

Websites:

www.ocasf.org




www.aidswalk.org

www.ocasf.org/español

Email: asf@ocaf.org



April 2007 Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 April Fool's!! 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+ Support Group VITAMART ORDERS ARE NOW DUE AT THE FIRST OF THE MONTH	3 10:30-12noon: Viviendo Positivamente 	4 10:30-12noon: Positive "U". 12:30-2:00pm: Choices 1:00-2:00pm: Workout Group. 6:00-7:30pm: Spanish HIV+ Support Group (Santa Ana)	5 4:00-5:30pm: Kids Club. 5:30-7:00pm: Kids Club Tutoring.	6 11:30-1:00pm: Mindful Living 1:00-2:00pm: Workout Group.	7
 9 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+	10 12:30-2:00pm: NEW! Women's HIV Support Group	11 10:30-12noon: Positive "U". 12:30-2:00pm: Choices 1:00-2:00pm: Workout Group.	12 4:00-5:30pm: Kids Club. 5:30-7:00pm: Kids Club Tutoring. VitaMart Order Pick-Up	13 11:30-1:00pm: Mindful Living 1:00-2:00pm: Workout Group.	14	
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29 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+	ASF Food Pantry Hours: <div style="border: 1px solid black; padding: 5px; display: inline-block;"> ▶Wednesdays & Fridays 9:00 am — 1:00 pm </div> <div style="text-align: center; margin: 10px 0;">  </div> <div style="border: 1px solid black; padding: 5px; display: inline-block;"> ▶Tuesdays & Thursdays 12:00 noon—4:30pm </div>					