

The Homepage

An Information, Issues, and Events Newsletter
for Clients and Friends of the Foundation



Gain ACCESS To Your World!

By Marc Marger, CVM,
Director of Auxiliary Services

ACCESS is the Orange County Transportation Authority's (OCTA) shared-ride service for people who are unable to use the regular, fixed-route bus service if they are unable to board or exit a fixed route bus, get to or from a bus stop due to physical and environmental barriers, or do not understand how to ride the bus.

OCTA has a formal certification process that follows Americans with Disabilities Act (ADA) guidelines. ACCESS provides standard curb-to-curb service, door-to-door escorted service at an additional cost, and same day back-up service for non-emergency, unplanned medical appointments at an additional cost as well

Clients who are approved for ACCESS may receive free ACCESS coupons for medical, dental, psychiatric, and mental health appointments, as well as for Lifeskills, Choices, African-American Living Room and group therapy. **Your case manager can determine if you are eligible to receive free coupons from ASF.** He/she can also give you an ACCESS application or help you fill out the paperwork needed to apply for ACCESS.

Once approved, you can also purchase addition coupons from OCTA for your personal transportation use. For additional information on ACCESS, call (877) OCTA-ADA or (877)628-2232 or log onto www.octa.net.



Guess What?!? The Hair Salon is Coming Back!!!

Hair Salon services for ASF clients will start up again in late February. Raul Ramirez and his staff have graciously offered to provide their professional services with a free wash and haircut at their salon in Santa Ana. Please call Frank Romero at 949-809-5771 for more information and to set up an appointment. Thank you to Raul and his staff in advance for offering their services to our clients.

Statement Retraction for Protecting Our Children From the World of HIV/AIDS for the January 2006 issue.

Martin Salas, our Director of Health Education & Prevention, published an article on speaking to children about HIV/AIDS. There was a prominent error in editing the piece, beyond Martin's control. Therefore, it is our wish to offer our sincerest apologies for any misunderstanding this may have caused. The editor of the HomePage offers you and him a sincere retraction of the offending statement. Thank you, and please feel free to contact ASF if you have any further questions or concerns.

**POSITIVE U
EVERY WEDNESDAY
OF THE MONTH
10:30am - 12:00pm**

**Wednesday February 7th
Public Policy**

Tom Peterson - the director of public policy of ASF will be leading a discussion on how we can get our voices heard and make a difference.

**Wednesday, February 14
GILEAD**

Michael Roy from GILEAD Sciences will be with us again this month presenting another interesting topic on HIV .

**Wednesday February 21st
Budgeting**

A representative from the Consumer Credit Counseling will be with us. They will be giving us tips on how to budget our money better and be able to save.

**Wednesday February 28th
Health Education**

Joe Mendoza will be presenting another topic on health education, and how we can be healthier.

**VIVIENDO POSITI-
VAMENTE
1st AND 3rd TUESDAY OF
THE MONTH
10:30 - 12:00**

**Tuesday February 6th
HEPATITIS C**

Join Michael Roy from GILEAD Sciences on the presentation of this very interesting topic.

**Tuesday February 20th
Household cleanliness**

Join Sariah Kakishita while she give us tips on how to better clean our houses and help ourselves be healthier by doing so.



**Peaceful Mind, Mindful Living:
ASF announces a new support group
for Persons Living with HIV.**

The new Mindful Living support group is a safe circle in which to learn how to come out of emotional isolation. This is a group facilitated by leaders who know that creating a non-judgmental place for you to have your feelings is important. In this group, you will learn how to cope better with scary feelings, and become more aware of how avoiding feelings can lead to unhappiness.

Mindful Living is facilitated by Scott Beardsley and Kristin Plachetka. The group meets on Fridays in the ASF Mental Health Department from 12:30 to 2.

We welcome new members. Please contact Scott Beardsley at (949) 809-5794 or your case manager if you are interested in learning more.

Tax Assistance!



If you haven't made an appointment for tax assistance yet, please call Frank Romero at 949-809-5771 to set one up. Remember, this service will be provided **Thursdays, February 8th , March 8th & 29th, from 6 to 8:30 PM** and on **Fridays, February 9th, March 9th & 3m 9 AM to 5 PM**. No other dates and times are available.

What's Up?!? at OCASF

Support Groups

Choices

Wednesdays 12:30pm—2:00pm

A support group for individuals diagnosed with HIV/AIDS who are experiencing problems with drugs or alcohol. Held at ASF. For more information, call Judy Fluor Runels at (949) 809-5795.

Kids Club

Thursdays 4:00-5:30pm. Tutoring 5:30-7:00pm

A closed 8-week support group for kids 6-14 with a parent or family member with HIV/AIDS. Meets at ASF. Call Laurie Barber at (949) 809-5710 for more information.

Spanish Language Women's Support Groups

► *1st Wednesday & 3rd Tuesday of the month*

Open to HIV+ women & other women affected by HIV/AIDS. Call Juanita Trivino at (949) 809-5799 for more information.

► *First Wednesday* of the month from 6:00 to 7:30pm, at HCA (17th St. Clinic) Room 149B, 1725 W. 17th St., Santa Ana.

► *Third Tuesday* of the month from 10:30 to 12:30 pm, at the Seventh-Day Adventist Church, 12702 Ninth St., Garden Grove.

Spanish HIV+ Support Group

Mondays 5:30-7:30pm

Open to all Spanish-speaking HIV+ people. At the 17th St. Clinic, Methadone Education Rm. (Room 149-B), 1725 W. 17th St., Santa Ana. Call Juanita Trivino at (949) 809-5799.

Mindful Living

Fridays 12:30pm—2:00pm

A new support group for people living with HIV. Please contact Scott Beardsley at (949) 809-5794 for more information.

Workshops : Life Skills

Group C

Last Wednesday of every month, 6:00—8:00pm

Group C is a support group that provides information and support to those infected and affected by Hepatitis C. At the Orange County Health Care Agency, 1725 W. 17th St, Room 149-B, Santa Ana. Call Anita at (949) 809-8770 for more information.

Positive "U"

Every Wednesday, 10:30—12:00pm

A different topic each session presented in English followed by a free lunch here at the ASF office! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

Viviendo Positivamente

1st & 3rd Tuesday, 10:30—12:00pm

A different topic each session presented in Spanish followed by a free lunch at ASF! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

Wellness Education

Workout Group

For more info or to sign up for an initial evaluation, call (949) 809-5771.

Hair Salon

Please call Frank Romero at 949-809-5771 for more information and to set up an appointment.

Social Activities

African-American Living Room

4th Friday of the month, 12:30—2:30pm

A social group open to all African-American clients. For more information, or for the group location, please contact Wendy at (949) 809-5732. The AALR group is still in need of ACTORS. Contact your case manager for more details.

Positive Life Force

Positive Life Force is an English-speaking social group for positive gay men of all ages. Men come together to meet new people and make new friends. We are currently looking to recruit a few good men for the PLF Core Group. For more information, please call or call Joe at (949) 809-8774 or email at positivelifeforce@ocaf.org.

How to Reach Us

Office Address:

**17982 Sky Park Circle, Suite J
Irvine, CA 92614**

Main Number:

(949) 809-5700

FAX Number:

(949) 809-5779

Websites:

www.ocaf.org

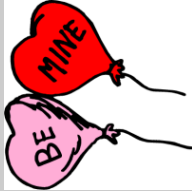
www.aidswalk.org

www.ocaf.org/español

Email: asf@ocaf.org



February 2007 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ASF Food Pantry Hours: ▶Tuesdays & Thursdays 12:00 noon—4:30pm	▶Wednesdays & Fridays 9:00 am — 1:00 pm					
4 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+ Support Group	5 12:30-2:00pm: NEW! Women's HIV Support Group	6 10:30-12noon: Positive "U". 12:30-2:00pm: Choices 1:00-2:00pm: Workout Group.	7 5:00pm: VitaMart Order Form Due 10:30-12noon: Positive "U". 12:30-2:00pm: Choices 1:00-2:00pm: Workout Group.	8 4:00-5:30pm: Kids Club. 5:30-7:00pm: Kids Club Tutoring.	9 12:30-2:00pm: Mindful Living 1:00-2:00pm: Workout Group.	10
11 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+ Support Group	12 10:30-12noon: Viviendo Positivamente 5:30-7:30pm: Spanish HIV+ Support Group	13 10:30-12noon: Viviendo Positivamente 5:30-7:30pm: Spanish HIV+ Support Group	14 Happy Valentine's!!! VitaMart Order Pick-Up 10:30-12noon: Positive "U". 12:30-2:00pm: Choices 1:00-2:00pm: Workout Group.	15 10:00am: VitaMart Orders Due 4:00-5:30pm: Kids Club. 5:30-7:00pm: Kids Club Tutoring.	16 12:30-2:00pm: Mindful Living 1:00-2:00pm: Workout Group.	17
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