



The Homepage

*An Information, Issues, and Events Newsletter
for Clients and Friends of the Foundation*

Monthly Benefit Discontinued, But Vita-Mart Lives on as a Co-op

By Marc Marger, CVM,
Director of Auxiliary Services



Due to the elimination of Ryan White CARE Act funding for therapeutic nutrients, **ASF will be discontinuing the \$50 monthly benefit for this service effective February 28, 2007.** However, Vita-Mart will continue to offer clients the opportunity to purchase supplements and homeopathic remedies at a greatly discounted rate

(50-75% off retail pricing!). Stuart Baron, Vita-Mart Coordinator, has agreed to continue to coordinate the Vita-Mart program on a volunteer basis. Orders will be placed monthly and need to be paid for in full at the time of pick-up at ASF. For more information, please contact Stuart at (949) 809-8773. ✂

Raul Ramirez Reinvigorates the Hair Salon

offered to provide their professional services with a free wash and haircut at their salon in Santa Ana. Please call Frank Romero at 949-809-5771 for more information. and to set up an appointment.



Hair Salon services for ASF clients is back! Raul Ramirez and his staff have graciously

Mindful Living

Will now be held
Each Friday
From
11:30am—1:00 pm

Please contact
**Scott Beardsley at
(949) 809-5794**
For more information

**POSITIVE U
EVERY WEDNESDAY OF THE MONTH
10:30am - 12:00pm**

Wednesday, March 7th

GILEAD Sciences

Michael Roy from GILEAD Sciences will be presenting another interesting topic on HIV.

Wednesday, March 14th

Exercise tips

Join Shannon Burns personal trainer on the presentation. Shannon will be giving us tips on different types of exercises to suit our individual physical needs.

Wednesday, March 21st

Nutrition facts

Join a representative from the Pioneer Pharmacy and a clinical nutritionist for this presentation.

Wednesday, March 28th

Dental Hygiene

Sariah from Health Education will be covering the basics on how to take care of our dental needs.

**VIVIENDO POSITIVAMENTE
1st AND 3rd TUESDAY OF THE MONTH
10:30 - 12:00**

Miercoles 7 de Marzo

GILEAD Sciences

Mike Roy de GILEAD Sciences estara con nosotros de nuevo presentado otro de sus interesantes talleres.

Miercoles, 14 de Marzo

Consejos acerca de ejercicios

Shanon Burns entrenadora personal nos estara hablando de como hacer ejercicios de acuerdo a nuestra capacidad fisica.

Miercoles, 21 de Marzo

Factores nutricionales

Un representante de la farmacia Pioneer y un nutricionista estaran con nosotros presentado este taller acerca de nutricion.



**ON A WAITING LIST
FOR SECTION 8 OR RAP?**

case manager know, or call and report the changes to George Smith, the Housing Supervisor at ASF.

It's important to report these changes because if the Housing Authority sends you any correspondence and the letter is returned to sender, you could possibly be removed from the wait list.

If you are not on the wait list for Section 8 or RAP, you should fill out an application as soon as possible. The Anaheim Housing Authority is the only Housing Authority accepting applications for a regular Section 8. To get on the wait list for RAP, get an application from your case manager or from the Housing Department at ASF.

If you are currently on a waiting list for Section 8 or RAP, you need to report any changes in your household, in writing, as soon as possible. Changes to report:

- address
- family composition
- employment or
- other significant changes

To report changes for a Section 8 wait list, mail in your changes to the Housing Authority within 15 calendar days of the change.

To report changes for the RAP wait list, let your

Snickers!

We will be having an early Easter party on Friday, March 30th, from 6pm to 9 pm at ASF. Come join in the festivities. There will be lots of food and surprises. We will also be playing bingo and have an Easter Egg Hunt. For more information and to R.S.V.P, please contact Frank at 949-809-5771.

Tax Assistance!

If you haven't made an appointment for tax assistance yet, please call Frank Romero at 949-809-5771 to set one up. Remember, this service will be provided **March 8th & 29th, from 6 to 8:30 PM** and on **Friday, March 9th from 9 AM to 5 PM**. No other dates and times are available.

Family Corner!

With Laurie Barber,
Family Programs Coordinator

**Easter Bunny
Baskets for the Kids!**

Children of clients that are between the ages of 2 and 6 are eligible for an Easter Basket. If you are interested in signing up your child, you should contact your case manager before March 15th or call Laurie Barber at 949-809-5771.

**Disney On Ice Tickets
Available for Clients
With Families!**

Show: Monsters Inc.
Date: Thursday, March 29
Time: 7:30 PM (the show is approx. 1 1/2 hours long)
Location: Honda Center in Anaheim

We have great seats available for this event! This show is **geared towards children 3-12**. 5 ticket maximum per family. Clients are responsible for their own transportation to and from this event as well as the \$12 parking fee per vehicle. First come first served. Anyone interested should contact Laurie Barber at 949-809-5710.

What's Up?!? at OCASF

Support Groups

Choices

Wednesdays 12:30pm—2:00pm

A support group for individuals diagnosed with HIV/AIDS who are experiencing problems with drugs or alcohol. Held at ASF. For more information, call Judy Fluor Runels at (949) 809-5795.

Kids Club

Thursdays 4:00-5:30pm. Tutoring 5:30-7:00pm

A closed 8-week support group for kids 6-14 with a parent or family member with HIV/AIDS. Meets at ASF. Call Laurie Barber at (949) 809-5710 for more information.

Spanish Language Women's Support Groups

► *1st Wednesday & 3rd Tuesday of the month*

Open to HIV+ women & other women affected by HIV/AIDS. Call Juanita Trivino at (949) 809-5799 for more information.

► **First Wednesday** of the month from 6:00 to 7:30pm, at HCA (17th St. Clinic) Room 149B, 1725 W. 17th St., Santa Ana.

► **Third Tuesday** of the month from 10:30 to 12:30 pm, at the Seventh-Day Adventist Church, 12702 Ninth St., Garden Grove.

Spanish HIV+ Support Group

Mondays 5:30-7:30pm

Open to all Spanish-speaking HIV+ people. At the 17th St. Clinic, Methadone Education Rm. (**Room 149-B**), 1725 W. 17th St., Santa Ana. Call Juanita Trivino at (949) 809-5799.

Mindful Living

Fridays 12:30pm—2:00pm

A new support group for people living with HIV. Please contact Scott Beardsley at (949) 809-5794 for more information.

****NEW!!** English HIV+ Women's Support Group**

A new support group for women living with HIV. Please Contact Judy Fluor-Runels for more information at 949-809-5795

Workshops : Life Skills

Group C

Last Wednesday of every month, 6:00—8:00pm

Group C is a support group that provides information and support to those infected and affected by Hepatitis C. At the Orange County Health Care Agency, 1725 W. 17th St, Room 149-B, Santa Ana. Call Anita at (949) 809-8770 for more information.

Positive "U"

Every Wednesday, 10:30—12:00pm

A different topic each session presented in English followed by a free lunch here at the ASF office! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

Viviendo Positivamente

1st & 3rd Tuesday, 10:30—12:00pm

A different topic each session presented in Spanish followed by a free lunch at ASF! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

Wellness Education

Workout Group

For more info or to sign up for an initial evaluation, call (949) 809-5771.

Hair Salon

Please call Frank Romero at 949-809-5771 for more information and to set up an appointment.

Social Activities

African-American Living Room

4th Friday of the month, 12:30—2:30pm

A social group open to all African-American clients. For more information, or for the group location, please contact Wendy at (949) 809-5732. The AALR group is still in need of ACTORS. Contact your case manager for more details.

Positive Life Force

Positive Life Force is an English-speaking social group for positive gay men of all ages. Men come together to meet new people and make new friends. We are currently looking to recruit a few good men for the PLF Core Group. For more information, please call or call Joe at (949) 809-8774 or email at positivelifeforce@ocaf.org.

How to Reach Us

Office Address:

**17982 Sky Park Circle, Suite J
Irvine, CA 92614**

Main Number:

(949) 809-5700

FAX Number:

(949) 809-5779

Websites:

www.ocasf.org

www.aidswalk.org

www.ocasf.org/español

Email: asf@ocaf.org

