

May 2007

# The Homepage

An Information, Issues, and Events Newsletter  
for Clients and Friends of the Foundation



## Say Hello to Rocio Evans!

ASF welcomes Rocio Evans to our staff, a bilingual Mental Health Counselor who began her position in February. She has been dedicated to the mental health of her community for two and a half years, having graduated from Pepperdine University with a Master's Degree in Psychology. She is excited about serving the Spanish-speaking community, and loves to be a good listener to those who need to talk. Her interests include singing rock in Spanish and playing the bass guitar.

ASF is excited that she is on board! She can be contacted by email at [revans@ocasf.org](mailto:revans@ocasf.org) or by phone at (949) 809-5798.

## A Change in Emergency Financial Assistance

Due to Federal Regulations, we are making a federally funded rental change to Emergency assistance, such as Section 8, RAP or Shelter Plus Care.

are on Section 8, RAP (Rental Assistance Program), or Shelter Plus Care.

We currently are not able to assist clients with rent or mortgage if they are on one of these fed-

Beginning July 1, 2007, ASF will no longer be able to provide Utility Assistance for those who

erally funded rental assistance programs

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## Step Up to the Plate! with ASF!



Remember to Step Up to the Plate at OC AIDS Walk 2007! This 5K walk/ride will be on Saturday, May 12 at the Angel Stadium of Anaheim. Check out the website [www.ocaidswalk.org](http://www.ocaidswalk.org)

for more information about this great event!

In addition, if you're a bike rider, there will be the OC AIDS Ride on the same day. For more information, you can go to [http://www.ocasf.org/aidswalk/oc/2007/aids\\_ride.htm](http://www.ocasf.org/aidswalk/oc/2007/aids_ride.htm). See you there!

*...a change in EFA (continued from 1)*

because the rent is already being supplemented by the Section 8, RAP or Shelter Plus Care. The same will apply to Utility Assistance since, if someone is on Section 8, RAP or Shelter Plus Care and have to pay their utilities, the client's share of rent is adjusted to assist with these costs.

Those clients who are not on Section 8, RAP or Shelter Plus Care will still qualify for Utility Assistance, up to \$100 per year, as long as they meet the program eligibility.

**Food Delivery Volunteers Needed**

Do you have your own vehicle and a little free time during the week? If so, we could use your help. We have housebound clients throughout



the county who need volunteers to deliver pantry orders to them. If you're able to pick up orders from ASF during business hours, you can arrange with the clients when it's

convenient to drop their food off. For more information, contact Frank Romero, Food Pantry and Volunteer Services Supervisor, at (949) 809-5771 or at [fromero@ocasf.org](mailto:fromero@ocasf.org).



**POSITIVE U**  
**EVERY WEDNESDAY**  
**OF THE MONTH**  
 10:30am - 12:00pm

**VIVIENDO POSITIVAMENTE**  
 1st AND 3rd TUESDAY  
 OF THE MONTH



**VIVIENDO POSITIVAMENTE**

**Tuesday, May 1st**

**MOTHER'S DAY CRAFTS**

Join Carmen and Sariah in the making of crafts for Mother's day.

**Tuesday, May 15th**

**HIV and Aging**

Join the staff of Pioneer Pharmacy on the presentation of this very interesting topic. Come and learn about the basics of aging and HIV.

**POSITIVE U**

**Wednesday, May 2nd**

**Self Esteem**

Doctor Judy Fluor-Runnels will be with us presenting a workshop of self esteem. Come and learn tips on how to improve your self esteem.

**Wednesday, May 9th**

**GILEAD**

Join Michael Roy from GILEAD Sciences on the presentation of another of his interesting topics on HIV.

**Wednesday, May 16th**

**Living with HIV**

Join Nurse Austion Nation while he presents on how to better live with HIV. This will be a round table discussion.

**Wednesday, May 23**

**Using soy and wheat as meat substitutes**

Join Health educator Sariah Kakishita on the presentation of this very useful topic. Come and learn how to improve your diet by the method of substitution.

**Wednesday, May 30th**

**Bristol Myers Squibb**

Join Brian from Bristol Myers Squibb on a presentation of another interesting topic on health and HIV.

# What's Up?!? at OCASF

## Support Groups

### Choices

*Wednesdays 12:30pm—2:00pm*

A support group for individuals diagnosed with HIV/AIDS who are experiencing problems with drugs or alcohol. Held at ASF. For more information, call Judy Fluor Runels at (949) 809-5795.

### Kids Club

*Thursdays 4:00-5:30pm. Tutoring 5:30-7:00pm*

A closed 8-week support group for kids 6-14 with a parent or family member with HIV/AIDS. Meets at ASF. Call Laurie Barber at (949) 809-5710 for more information.

### Spanish Language Women's Support Groups

► *1st Wednesday & 3rd Tuesday of the month*

Open to HIV+ women & other women affected by HIV/AIDS. Call Juanita Trivino at (949) 809-5799 for more information.

► *First Wednesday* of the month from 6:00 to 7:30pm, at HCA (17th St. Clinic) Room 149B, 1725 W. 17th St., Santa Ana.

► *Third Tuesday* of the month from 10:30 to 12:30 pm, at the Seventh-Day Adventist Church, 12702 Ninth St., Garden Grove.

### Spanish HIV+ Support Group

*Mondays 5:30-7:30pm*

Open to all Spanish-speaking HIV+ people. At the 17th St. Clinic, Methadone Education Rm. (Room 149-B), 1725 W. 17th St., Santa Ana. Call Juanita Trivino at (949) 809-5799.

### Mindful Living

*Fridays 12:30pm—2:00pm*

A new support group for people living with HIV. Please contact Scott Beardsley at (949) 809-5794 for more information.

### **\*\*NEW!!\*\* English HIV+ Women's Support Group**

*A new support group for women living with HIV. Please Contact Judy Fluor-Runels for more information at 949-809-5795*

## Workshops : Life Skills

### Group C

*Last Wednesday of every month, 6:00—8:00pm*

Group C is a support group that provides information and support to those infected and affected by Hepatitis C. At the Orange County Health Care Agency, 1725 W. 17th St, Room 149-B, Santa Ana. Call Anita at (949) 809-8770 for more information.

### Positive "U"

*Every Wednesday, 10:30—12:00pm*

A different topic each session presented in English followed by a free lunch here at the ASF office! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

### Viviendo Positivamente

*1st & 3rd Tuesday, 10:30—12:00pm*

A different topic each session presented in Spanish followed by a free lunch at ASF! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

## Wellness Education

### Workout Group

For more info or to sign up for an initial evaluation, call (949) 809-5771.

### Hair Salon

Please call Frank Romero at 949-809-5771 for more information and to set up an appointment.

## Social Activities

### African-American Living Room

*4th Friday of the month, 12:30—2:30pm*

A social group open to all African-American clients. For more information, or for the group location, please contact Wendy at (949) 809-5732. The AALR group is still in need of ACTORS. Contact your case manager for more details.

### Positive Life Force

Positive Life Force is an English-speaking social group for positive gay men of all ages. Men come together to meet new people and make new friends. We are currently looking to recruit a few good men for the PLF Core Group. For more information, please call or call Joe at (949) 809-8774 or email at [positivelifeforce@ocasf.org](mailto:positivelifeforce@ocasf.org).

## How to Reach Us

### Office Address:

**17982 Sky Park Circle, Suite J  
Irvine, CA 92614**

### Main Number:

**(949) 809-5700**

### FAX Number:

**(949) 809-5779**

### Websites:

**[www.ocasf.org](http://www.ocasf.org)**

**[www.aidswalk.org](http://www.aidswalk.org)**

**[www.ocasf.org/español](http://www.ocasf.org/español)**

**email: [asf@ocasf.org](mailto:asf@ocasf.org)**



# May 2007 Calendar

| Sun       | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Sat                              |
|-----------|---|--|---|---|--|----------------------------------|
|           |   | <b>1</b><br>10:30-12noon: Viviendo Positivamente   | <b>2</b><br>10:30-12noon: Positive "U".<br>12:30-2:00pm: Choices<br>1:00-2:00pm: Workout Group.<br>6:00-7:30pm: Spanish Women's Support Group (Santa Ana) | <b>3</b><br>4:00-7:00pm: Kids Club.   | <b>4</b><br>11:30-1:00pm: Mindful Living<br>1:00-2:00pm: Workout Group.  | <b>5</b>                         |
| <b>6</b>  | <b>7</b><br>1:00-2:00pm: Workout Group.<br>5:30-7:30pm: Spanish HIV+ Support Group  | <b>8</b><br>12:30-2:00pm: <b>NEW!</b><br><b>Women's HIV Support Group</b>  | <b>9</b><br>10:30-12noon: Positive "U".<br>12:30-2:00pm: Choices<br>1:00-2:00pm: Workout Group.   | <b>10</b><br>4:00-7:00pm: Kids Club.<br><b>VitaMart Order Pick-Up</b>                                 | <b>11</b><br>11:30-1:00pm: Mindful Living<br>1:00-2:00pm: Workout Group.   | <b>12</b><br><b>OC AIDS WALK</b> |
| <b>13</b> | <b>14</b><br>1:00-2:00pm: Workout Group.<br>5:30-7:30pm: Spanish HIV+ Support Group | <b>15</b><br>10:30am-12:30pm: Spanish Women's Support Group (Garden Grove)<br>10:30-12noon: Viviendo Positivamente | <b>16</b><br>10:30-12noon: Positive "U".<br>12:30-2:00pm: Choices<br>1:00-2:00pm: Workout Group.  | <b>17</b><br>4:00-7:00pm: Kids Club.  | <b>18</b><br>11:30-1:00pm: Mindful Living<br>1:00-2:00pm: Workout Group.   | <b>19</b>                        |
| <b>20</b> | <b>21</b><br>1:00-2:00pm: Workout Group.<br>5:30-7:30pm: Spanish HIV+ Support Group | <b>22</b><br>12:30-2:00pm: <b>NEW!</b><br><b>Women's HIV Support Group</b>   | <b>23</b><br>10:30-12noon: Positive "U".<br>12:30-2:00pm: Choices<br>1:00-2:00pm: Workout Group.  | <b>24</b><br>4:00-7:00pm: Kids Club.  | <b>25</b> <i>VitaMart Order Due</i><br>Noon-2pm: AA Living Room<br>11:30-1:00pm: Mindful Living<br>1:00-2:00pm: Workout Group. | <b>26</b>                        |
| <b>27</b> | <b>28</b><br><b>Memorial Day</b>  | <b>29</b>  | <b>30</b>   | <b>31</b> 4:00-7:00pm: Kids Club.<br><b>VITAMART ORDERS ARE DUE NOW (BEFORE THE 1ST OF THE MONTH)</b> |  |                                  |