



October 2006

The Homepage

An Information, Issues, and Events Newsletter
for Clients and Friends of the Foundation

You're Invited! To Check Out the Client Advisory Committee

Terry Delonas is just like you. He is a kind man who enjoys the services that ASF has to offer. And he wants to make sure that all the things that are important to you are represented in the development, consideration, and creation of ASF's programs. You are welcome to join in the fun!

The meetings are on the first Monday of each month. Lunch is always served. And it promises to be a fun way to meet other clients as you make a difference in the way ASF runs its programs. You can make a difference!

For more information, contact Anne Judson at (916) 809-5708 or by email at ajudson@ocaf.org.



"Open Your Eyes to Health" At ASF's Health Fair Celebration! National Latino AIDS Awareness Day Saturday, October 14, 2006

ASF is ready to help celebrate National Latino AIDS Awareness Day on Saturday, October 14, 2006 at the Delhi Park near the Delhi Community Center from 1:00pm—5:00pm. You're invited to come and "Open Your Eyes to Health"!

In addition to free food, music, ballet folklorico dancers, and , both Congresswoman Loretta Sanchez and Bishop Jaime Soto are slated to speak. There will also be free HIV testing with same-day results.

ASF is join forces with the National Latino AIDS Awareness Day (NLAAD) effort to draw attention to the critical role HIV testing and prevention education plays in keeping the community free from HIV and AIDS.

The fair will be at 505 East Central Ave., Santa Ana, CA. You can call (949) 809-5700 or email asf@ocaf.org for more information. Admission is free.



Dr. Sue Reddy Engages the Women of ASF

By Sariah Kakishita

On Thursday, September 7th, 2006, several women gathered at ASF to be part of an intimate conversation with Dr. Sue Reddy to discuss living with HIV as women. It was a great opportunity for participants to get candid answers to their questions on how HIV affects women and the people who surround them. Sponsored by Glaxo Smith Kline and Auxilium Pharmaceuticals, Dr. Reddy provided a relaxing setting in which all questions were answered in a professional yet warm and approachable way.

The workshop was open to all women and was conducted in both English and Spanish. Our female staff at ASF also had the opportunity to address issues that their female clients share with them.

ASF is grateful to Dr. Reddy, who allowed the women to feel comfortable in confronting HIV with dignity and grace.

VIVIENDO POSITIVAMENTE
1st AND 3rd TUESDAY OF THE MONTH
10:30 - 12:00

Tuesday, October 3rd
Basics of HIV -

Michael Roy from GILEAD Sciences will be talking about what you need to know about HIV.

Tuesday - October 17
Halloween Decorations

Join Sariah and Carmen for this fun workshop. We will be making Halloween related crafts



POSITIVE U
EVERY WEDNESDAY OF THE MONTH
10:30 - 12:00

Wednesday, October 4th
Smoking Cessation

Join Health educator Joe Mendoza on this presentation. Joe will be talking to us about what we can do to stop smoking.

Wednesday, October 11th
Evolution of HIV Therapy

Michael Roy from GILEAD Sciences will be giving a presentation of the evolution of HIV therapy past, present and future.

Wednesday, October 18th
Nutrition

Health Educator Joe Mendoza will be presenting this topic on proper nutrition.

Wednesday, October 25th
Bristol Meyer Squibb

Brian from Bristol Meyer Squibb will be presenting another interesting workshop.

What's Up?!? at OCASF

Support Groups

Choices

Wednesdays 12:30pm—2:00pm

A support group for individuals diagnosed with HIV/AIDS who are experiencing problems with drugs or alcohol. Held at ASF. For more information, call Judy Fluor Runels at (949) 809-5795.

Kids Club

Thursdays 4:00-5:30pm. Tutoring 5:30-7:00pm

A closed 8-week support group for kids 6-14 with a parent or family member with HIV/AIDS. Meets at ASF. Call Laurie Barber at (949) 809-5710 for more information.

Spanish Language Women's Support Groups

► *1st Wednesday & 3rd Tuesday of the month*

Open to HIV+ women & other women affected by HIV/AIDS. Call Juanita Trevino at (949) 809-5799 for more information.

► *First Wednesday* of the month from 6:00 to 7:30pm, at HCA (17th St. Clinic) Room 149B, 1725 W. 17th St., Santa Ana.

► *Third Tuesday* of the month from 10:30 to 12:30 pm, at the Seventh-Day Adventist Church, 12702 Ninth St., Garden Grove.

Spanish HIV+ Support Group

Mondays 5:30-7:30pm

Open to all Spanish-speaking HIV+ people. At the 17th St. Clinic, Methadone Education Rm. (Room 149-B), 1725 W. 17th St., Santa Ana. Call Juanita Trevino at (949) 809-5799.

Workshops : Life Skills

Group C

Last Wednesday of every month, 6:00—8:00pm

Group C is a support group that provides information and support to those infected and affected by Hepatitis C. At the Orange County Health Care Agency, 1725 W. 17th St, Room 149-B, Santa Ana. Call Anita at (949) 809-8770 for more information.

Positive "U"

Every Wednesday, 10:30—12:00pm

A different topic each session presented in English followed by a free lunch here at the ASF office! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

Viviendo Positivamente

1st & 3rd Tuesday, 10:30—12:00pm

A different topic each session presented in Spanish followed by a free lunch at ASF! No admittance after 10:45. For more information, please contact Carmen at (949) 809-5781.

Wellness Education

Workout Group

For more info or to sign up for an initial evaluation, call (949) 809-5771.

Social Activities

African-American Living Room

4th Friday of the month, 12:30—2:30pm

A social group open to all African-American clients. For more information, or for the group location, please contact Wendy at (949) 809-5732. The AALR group is still in need of ACTORS. Contact your case manager for more details.

Positive Life Force

Positive Life Force is an English-speaking social group for positive gay men of all ages. Men come together to meet new people and make new friends. We are currently looking to recruit a few good men for the PLF Core Group. For more information, please call or call Joe at (949) 809-8774 or email at positivelifeforce@ocASF.org.

Hetero Singles Event—October 11 at 6:00 pm

Contact Juanita Trevino for more information at 949-809-5799.

How to Reach Us

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FAX Number:

(949) 809-5779

Websites:

www.ocASF.org

www.aidswalk.org

www.ocASF.org/español

Email: asf@ocASF.org



October 2006 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+ Support Group	3 10:30-12noon: Viviendo Positivamente	4 10:30-12noon: Positive "U". 12:30-2:00pm: Choices. 1:00-2:00pm: Workout Group.	5 10:00am: VitaMart Orders Due 5:30-7:00pm: Kids Club Tutoring.	6 1:00-2:00pm: Workout Group.	7	
8	9 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+ Support Group	10	11 10:30-12noon: Positive "U". 12:30-2:00pm: Choices 1:00-2:00pm: Workout Group. 6:00pm: Hetero Singles Event! VitaMart Order Pick-Up	12 4:00-5:30pm: Kids Club. 5:30-7:00pm: Kids Club Tutoring.	13 1:00-2:00pm: Workout Group.	14	
15	16 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+ Support Group	17 10:30-12noon: Viviendo Positivamente	18 10:30-12noon: Positive "U". 12:30-2:00pm: Choices 1:00-2:00pm: Workout Group.	19 10:00am: VitaMart Orders Due 4:00-5:30pm: Kids Club. 5:30-7:00pm: Kids Club Tutoring.	20 1:00-2:00pm: Workout Group.	21	
22	23 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+ Support Group	24 	25 10:30-12noon: Positive "U". 12:30-2:00pm: Choices 1:00-2:00pm: Workout Group.	26 4:00-5:30pm: Kids Club. 5:30-7:00pm: Kids Club Tutoring.	27 12:30-2:00pm: African-American Living Room 1:00-2:00pm: Workout Group.	28	
29	30 1:00-2:00pm: Workout Group. 5:30-7:30pm: Spanish HIV+	31 Halloween 10:30-12noon: Viviendo Positivamente	ASF Food Pantry Hours:				
			▶ Tuesdays & Thursdays 12:00 noon—4:30pm				
							
			▶ Wednesdays & Fridays 9:00 am — 1:00 pm				